



medical brain®

REMOTE PATIENT MONITORING (RPM) PROGRAM

WEIGHT SCALE
QUICK START GUIDE

Medical Brain has partnered with A&D to bring you a best-in-class weight scale device which meets U.S. Food & Drug Administration (FDA) guidelines.

You will find in this guide:

- All steps to connect this device to the Medical Brain app by taking your first reading
- About the Medical Brain and its app features



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WELCOME,

Your provider has selected you for the Medical Brain Remote Patient Monitoring (RPM) Program with YOUR healthcare needs in mind. We're linked to your provider. No gaps, no delays.

We're here for your health!

The Medical Brain Team

The Medical Brain RPM Program provides you with:



Your weight scale selected for you by your provider



Your Medical Brain app – your personal health assistant that always understands your health needs and takes immediate actions to prevent problems

Should you experience a change in your health, the Medical Brain will notify your provider for early intervention and treatment



Your dedicated Medical Brain Care Team, in partnership with your provider, giving healthcare support when you need it the most

1

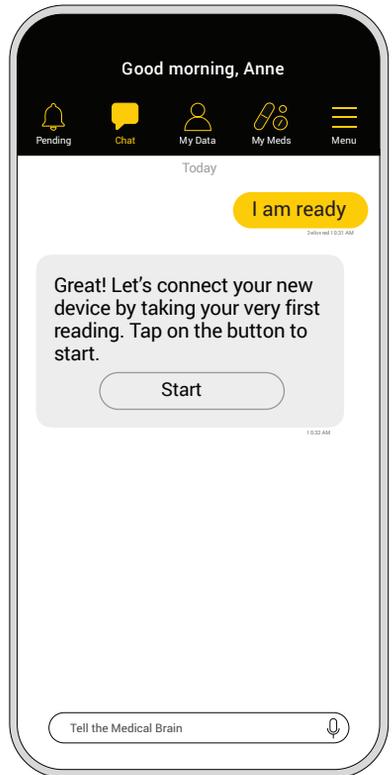
Get started Open the Medical Brain app

- Tap on the “Chat” icon
- Type or use the Microphone icon to tell the Medical Brain “I am ready”

Medical Brain will respond to you with a “Start” button

- Tap on the button to start
- Follow steps

Note: This is a one-time process needed to connect your device to the app



2

Get your phone ready to connect with your new device

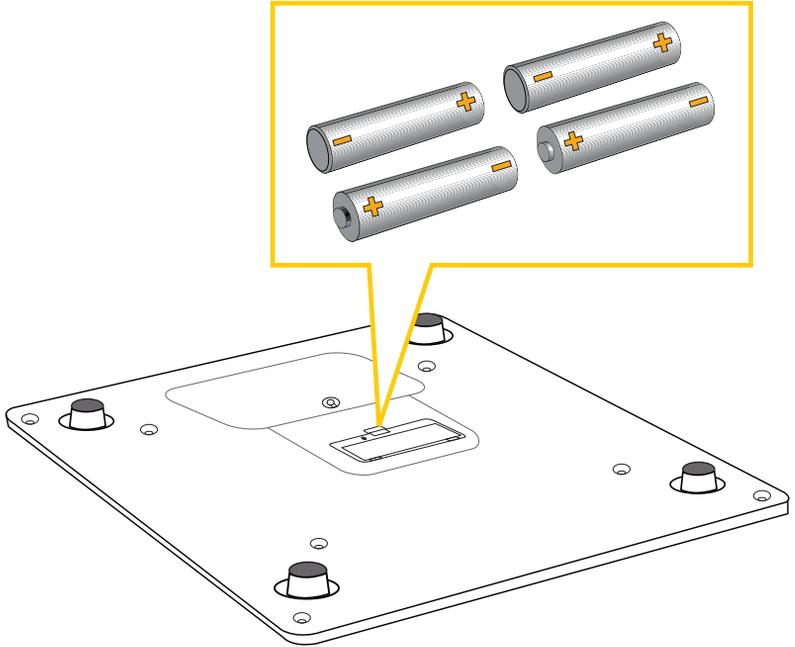
Ensure Bluetooth is turned ON in your phone

If OFF, how do I turn it ON?

- 1 Go to your phone's home screen
- 2 Tap on the "Settings" icon
- 3 Look for  "Bluetooth" in the list
- 4 Tap the "Bluetooth" switch to turn it ON

3

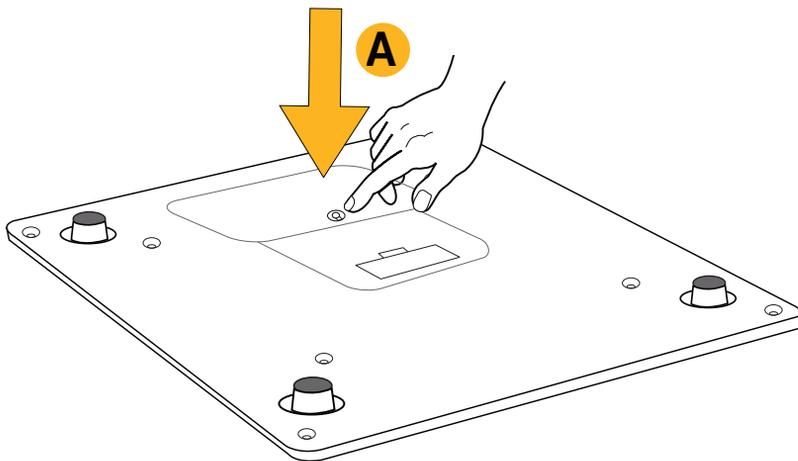
Install the included batteries into your scale



Install batteries with the positive (+) and negative (-) terminals properly aligned with the corresponding symbols in the battery compartment

4

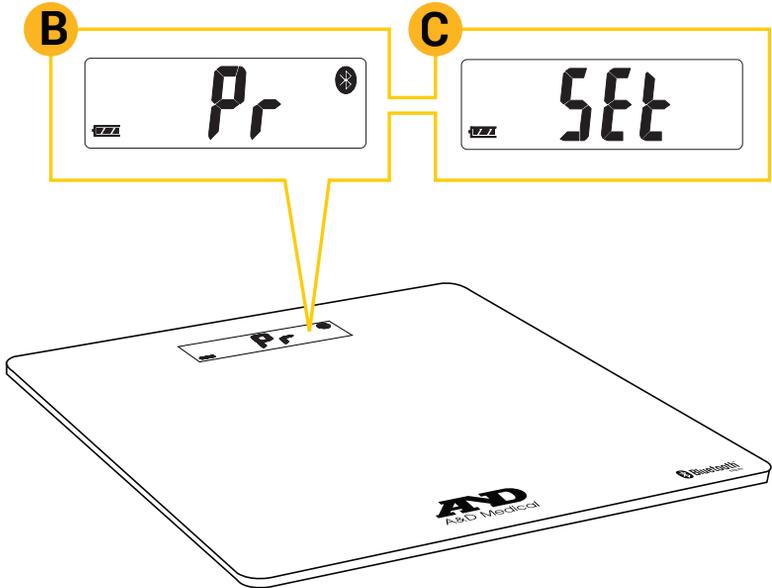
Locate the "Set" button on the back of your scale



5

Press and **HOLD** the “Set” button until you see “Pr” on the scale’s screen

The pairing (connecting) process has begun once your scale displays “Set”



6

Allow permissions

At this point, your weight scale is connecting with your phone and the Medical Brain app

To enable connection, please allow all requests for Bluetooth, Location and Pairing

Not allowing these permissions will stop the pairing (connecting process)

Bluetooth Pairing Request

"A&D_UC_352BLE_5276DD"
would like to pair with your
iPhone

CANCEL

PAIR

Allow "Medical Brain"
to access this device's location?

DENY

ALLOW

"Medical Brain"
Would like to Use Bluetooth

It allows you to connect Bluetooth
devices and automatically import
your data into Medical Brain

DON'T ALLOW

OK

7

Success!

Your weight scale has been successfully recognized

Now let's take your first reading to complete connection between your device and the Medical Brain



Device recognized

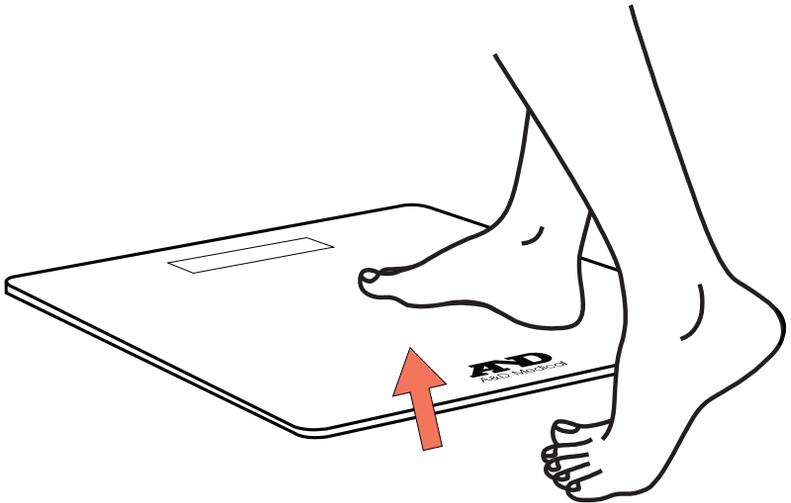
Let's take a first reading to complete connection between your device and the Medical Brain.

DONE

8

Take your first reading

Step on the scale. A progress bar is displayed during measurement. Stand up straight and remain as still as possible during measurement

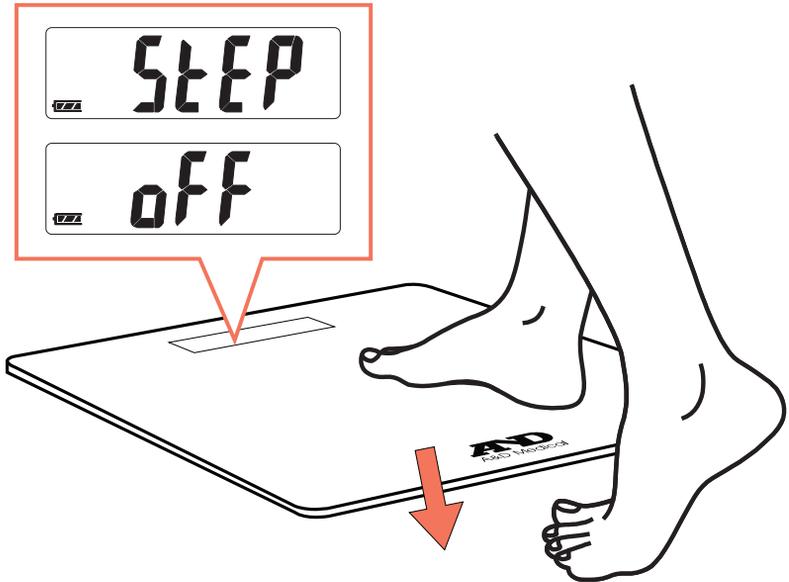


9

Step off the scale

Stay on the scale until "STEP" and "OFF" are alternately displayed with three beeps

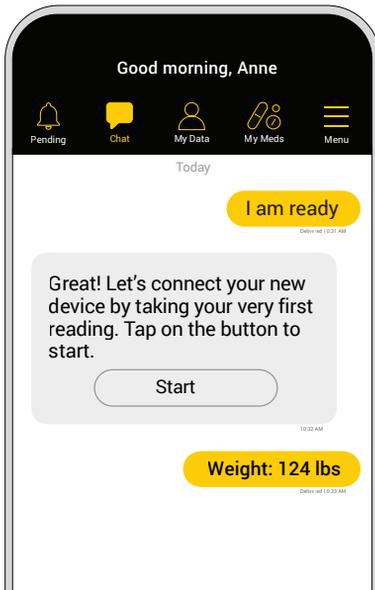
Measurement displayed on scale will be sent to the Medical Brain



10

View measurement

- Medical Brain will present your first measurement
- Tap on “Done” to see it added to your chat



Congratulations

Your first measurement is
Weight: 124 lbs

For future measurements:

Simply open the app, use your device and confirm your measurement when prompted

DONE

Note: If you received more than one device, you will be redirected to “Measurements” screen to set up the next device



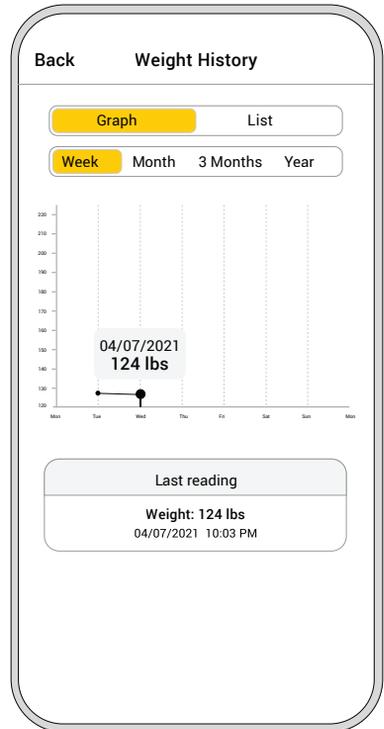
Track your measurements

All your measurements will be saved and displayed in the Medical Brain app under "My Data">"Measurements">"Weight">"History"

How to take readings regularly?

Just open the app, use your scale and confirm your measurement when prompted

Measurement will be shown in "Chat" and logged under "History" for you and your provider to see





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What is the Medical Brain?

Medical Brain is your intelligent personal health assistant that collaborates with your healthcare provider and helps you manage certain diseases, such as cardiovascular, hypertension, diabetes, COPD, Covid-19 and more

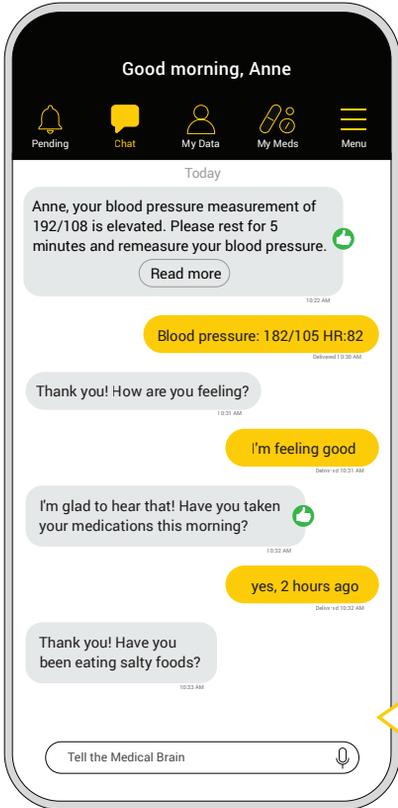
What does the Medical Brain do?



Continuously analyzes your health status, based on your medical background and communications by you and your provider with the Medical Brain



Notifies your care team for early intervention and treatment should you experience a change in your health



No. I've been good about limiting my salt.

Delivered 10:24 AM

Thank you for letting me know. Your blood pressure of 182/105 is elevated. Provider evaluation is indicated.

10:25 AM

Dr. Smith has been notified. Your blood pressure medications may need to be adjusted.

10:26 AM

Dr. Smith wants you to take an extra dose of Amlodipine 5mg now and to increase your Amlodipine to 10mg daily starting tomorrow.

Please remeasure your blood pressure in 2 hours to make sure your blood pressure is responding to the medication.

If you develop any symptoms such as severe headache, chest pain, shortness of breath, please go to the Emergency department for evaluation.

10:40 AM

Thank you! will do. I'm taking my amlodipine now

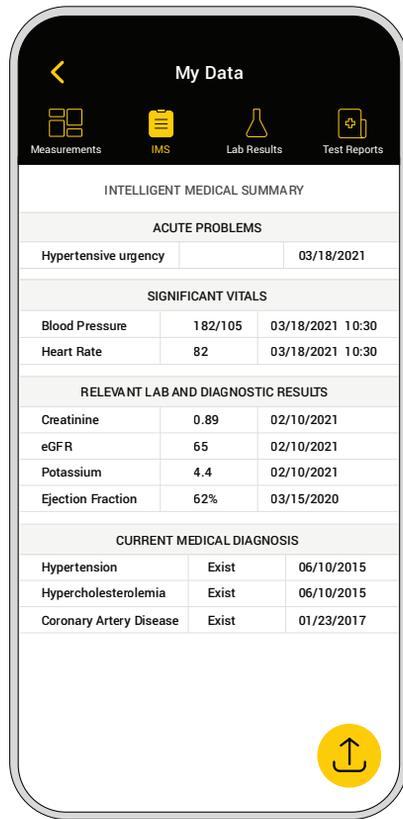
Delivered 10:47 AM



Generates an Intelligent Medical Summary (IMS) of all important information about your health history and current health status



Connects you and your care team 24/7: Assists you in scheduling appointments, communicating with your provider, and keeping your provider up-to-date with your health status, all through the Medical Brain's intelligent chat





Immediately displays labs and test reports when available for you and your provider to view



Speak (or text) with the Medical Brain anytime. The Medical Brain understands you and knows your health profile for accuracy and care coordination



Keeps all your communications and data safe and secured

The image shows a smartphone screen with a dark theme. At the top, there's a navigation bar with a back arrow and the title 'My Data'. Below the title are four icons: 'Measurements' (two overlapping squares), 'IMS' (a document with a checkmark), 'Lab Results' (a flask), and 'Test Reports' (a document with a plus sign). The main content area is titled 'LAB RESULTS' and shows a table of test results. The table has three columns: 'Test', 'Results', and 'Normal Range'. The data is as follows:

Test	Results	Normal Range
CBC/DIFF - 02/10/2021, 4:28 AM		
WBC COUNT	7.7	4.8-10.8
RBC COUNT	5.25	4.70-6.10
HEMOGLOBIN	15.3	14.0-18.0
HEMATOCRIT	47.1	42.0-52.0
MCV	89.7	80.0-94.0
MCH	29.1	27.0-31.0
MCHC	32.5	33.0-37.0
RDW	13.0	11.4-16.4
PLATELET COUNT	226	150-450
DIFF TYPE	AUTOMATED	
NEUTROPHILS-5P	84.3	37.9-70.5
LYMPHOCYTES-5P	6.7	19.8-47.7
MONOCYTES-5P	7.7	2.7-11.7
EOSINOPHILS-5P	0.3	0.3-5.9
BASOPHILS-5P	0.1	0.1-2.4
IMM GRANULOCYTE %	0.9	
ABS NEUTROPHILS	6.5	1.4-6.5

At the bottom right of the screen, there is a circular icon with an upward-pointing arrow, likely for sharing or printing the data.



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**We're all about your health
and we're all about you.**

For customer service and any technical questions
about your devices, please call (888) 355 0269